Your **INTERVIEW GUIDE**:  
**Responding to Tell me About Yourself**

Create a narrative that shares relevant details about yourself, your educational and work experiences, and specific interest in the role and organization to which you are applying.

**Present:** Who you are today and what do you do? This might include your educational background, a relevant project you are currently working on and/or your interest or connection to the field/industry.

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

**Past:** What experiences have you had? Highlight relevant transferable skills. Often, one aspect of each experience can demonstrate your skills and flows in a logical sequence.

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

**Future:** Tie your narrative back to the job you’re interviewing for. What excites you about this opportunity? How does it fit in with your future plans? What excited you about this company/position?

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________